

"BETWEEN-US"

VOL. 27 ISSUE 1

JANUARY 2019

A Letter From An Unknown Alcoholic

Hi, I'm an alcoholic, and my name is insignificant. I am the youngest of 14 children born in the Midwest. Being the youngest of 14, I was sick of being picked on, so I left home at the age of 15. I started drinking at the age of 8, stealing wine-Boones Farm, not for the taste or the repercussions but for the euphoric effects. From there I progressed to beer. In junior high school I progressed even more and I drank hard alcohol mainly. By high school I was drinking solely moonshine and Ever clear. I began driving as a semi driver while in high school during my summers and on the weekends of the school year.

I got my first DUI 20 years ago and my last 15 years ago while in Kenosha on Dec 23, 2002. The police officer while administering the test said, "Someday you will be in that place." That place he pointed to was the Kenosha Alano Club. I am so glad he pointed that out to me because that was the only place that I knew at that time that I could go for help. I walked through those doors of

("Unknown" Continued on page 8)

1952 - A Bonus Year an extra sober day!

1952 was the year when I opened my heart and thinking apparatus, and let the Spirit take me by the hand. It was a good intention diligently applied, because the year became useful, productive, and I matured with the passing of the days. The percentage of poor days was few, and yet, they were gainfully employed in a productive manner because as day succeeded day, I became more thoroughly engrossed in enjoying my sobriety. All these past hours and thinking have reinforced my perceptions, and have made sturdier the foundation, on which I can now build the Steps.

Every day looks good to me. . .they have the hope of joyous expectancy, new horizons, more improved thinking, better tolerance, and growing understanding. The Steps are of infinite value, will offer encouragement and liberation, from all the indecisions that plagued me in the past.

1953 will strengthen me, thinking, planning, and will be the investment for good assurance and adequacy. I will continue to anticipate

("Bonus" Continued on page 9)



Greater Milwaukee Central Office AA YTD Comparison Report October through November 2018

	Oct - Nov 18	Oct - Nov 17	\$ Change
Ordinary Income/Expense			
Income			
4000 · Literature Sales	20,206.83	13,659.74	6,547.09
4050 · Between us	449.25	616.00	-166.75
4070 · Contributions	12,378.81	12,659.35	-280.54
4080 · Gratitude boxes	43.00	3.54	39.46
4090 · Open Meeting / Dinner	2,525.00	0.00	2,525.00
4100 · Memorials	50.00	0.00	50.00
4130 · Personal Contri.	134.31	763.66	-629.35
4150 · Other Income	893.52	1,283.98	-390.46
4170 · Interest Income	254.12	709.80	-455.68
4600 · Merchandise Sales	0.00	7,552.60	-7,552.60
4830 · Sales Discounts	20.00	20.00	0.00
48900 · Shipping and Delivery Income	107.62	106.10	1.52
Total Income	37,062.46	37,374.77	-312.31
Cost of Goods Sold	12,225.02	10,897.16	1,327.86
Gross Profit	24,837.44	26,477.61	-1,640.17
Expense	28,038.38	30,276.24	-2,237.86
Net Ordinary Income	-3,200.94	-3,798.63	597.69
Other Income/Expense			
Other Expense	0.00	0.00	0.00
Net Other Income	0.00	0.00	0.00
Net Income	-3,200.94	-3,798.63	597.69

Account Balances:

Checking: \$1,852.42

Savings: \$43,972.41

Prudent Reserve: \$163,805.25

Meeting Space Available

- **Chase Commerce Center Bldg 28**, 3073 S Chase Ave at Oklahoma. Contact: craig.bergland@gmail.com for more information.
- **Christ United Methodist Church**, 5200 S 48th St. Greenfield WI 53221. Wheelchair accessible space available. Contact: Jo, 414-421-0202 or email: christumc1@sbcglobal.net

Secretary Meeting, December 11, 2018

Groups represented 7, 100, 124 Our Gang, 11th Step Open AA, A Vision For You, Another Chance Tuesday Night, Back To Basics 12 x 12, Badger Gp, Big Book Readers, Brown Deer Monday Night, Common Solutions, Conscious Contact Discussion, Daily Reprieve Men's, Here and Now VA, Key To Recovery VA, Monday Night Action, Monday Night Women's Waukesha, North Shore Big Book Saturday, Real Needs Real Help, Reality Gp, Restore Us To Sanity, Saturday Morning Big Book, Saturday Morning Women's Freedom, Sussex Friday Night Action, Terrific Tuesday Big Book, TGIF Menomonee Falls, Tuesday A.M. Big Book/12 & 12 Study, Turning Point Sunday Night, Wanderer's. I'm sorry if I have missed anyone that was in attendance.

Nancy S. opened the meeting at 7:00 p.m. with a moment of silence followed by the Serenity Prayer.

Bank Balances on page two.

New secretaries introduced themselves, and made announcements.

ALL MEETINGS listed in our meeting directories should routinely contribute to the AA Service Entities; Milwaukee Central Office 50%, GSO in New York 30% and Area 75 Committee 10% and to your Districts 10%.

Renew Between-Us subscriptions now. \$9 yr. for 3 copies/mo. or \$18 yr. for 6 copies/mo. All subscription run through December. **NEW subscriptions welcome.**

BIRTHDAY CLUB! We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of \$1 for each year - or more if you'd like - and we'll print your birthday in the Between-Us Newsletter. Include

your Home Group, and we'll print that too! Just fill in the form found on page 6 of this newsletter.

Volunteers are needed for the helpline, some overnight and some Saturdays (9-1 or 1-5). Also, some in-office hours available now. You need to have at least 1 year of sobriety, a Home Group and Sponsor. Call Nancy or Dan.

Guest Speaker: Glenn G, Coordinator of the Holiday Alkathon. 34 Hours of AA meetings Starting Christmas Eve at Noon thru 10 pm Christmas Day. Same for New Year's Weekend.

Central Office Spring Thing is set for Saturday April 13, 2019. To be held at Davians Event Center, N56W16300 Silver Spring Dr, Menomonee Falls, WI 53051 Tickets available through the Central Office 414-771-9119.

The meeting closed with the Lord's Prayer at 7:20 p.m.. Next meeting is Tuesday January 8, 2019 at 7 p.m. Next Board of Director's meeting is January 9, 2019 at 6:30 p.

Deaf Access Committee (DAC) November 2018

Balance: \$5,524.67
Contributions: \$ 723.70
Interpreter : \$1,520.00
Awareness Event

Expenses: N/A
Donations: N/A
Annual Cost of interpreters for 3 meetings a week @ \$160 per meeting is \$24,960
Leslie P. with questions:
ecivr@wi.rr.com

ORIENTATION for GSR'S

Second Tuesday of each month, 6:30 p.m. prior to the secretary's meeting, at the Milwaukee Central Office. Call before you come 414-771-9119

DISTRICT MEETINGS

DISTRICT INFO ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets every 2nd & 4th Sunday 9 a.m. to 11 a.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p., St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 6) 4th Wed. of month, 7:00 p., Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

16. MILWAUKEE CNTY (1 of 6) 1st Wed. of month, 7:00 p., Milw. Central Office, 7429 W Greenfield Ave.

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p., Grove Club, 1037 Grove Ave., Racine

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 6) 3rd Wednesday of month, 7:00 p.m. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee WI 53222

28. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, Bethlehem Evangelical Lutheran Church, 470 Oak Crest Dr., Wales WI.

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY (1 of 6) Last Sunday of month 4:30 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:
7429 W. Greenfield Ave, West Allis, WI 53214,
dan@aamilwaukee.com

2 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions."

Tradition Seven, Twelve Steps and Twelve Traditions,
Reprinted with permission AA World Services, Inc.



CORRECTIONAL INSTITUTIONS

TAYCHEEDAH CORRECTIONAL,
Meetings are held every Tuesday, 5:45 -7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION,
P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI
5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL,
21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORaine CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION
AA Meeting Sat. , 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI.

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milwaukee

Milw Women's Correctional Ctr. 615 W Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets at 6:30 p.m. on the 2nd Monday every odd numbered month at All Saints Cathedral, 818 E. Juneau, Milwaukee, WI 53202.

Donations should be sent to: **MCCC, PO Box 270544, Milwaukee WI 53227-0544.** Call coordinator: Kôtá at (262) 385-3443, email: mcccocoordinator@gmail.com w/

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI, Calendar of Events 2018 Madison Senior Center (MSC),

330 W. Mifflin St., Madison,
WI,

except where otherwise noted.

Area 75 Conference & East Central Regional Confer- ence

Check "www.area75.org" for
information.

- **Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214
gmco@aamilwaukee.com
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O.
- P O Box 459, Grand Central Station, New York, N.Y. 10163
- **Area 75 Corrections, Bridging the Gap and Treatment write to:** PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Milwaukee Deaf Access Committee:**
www.milwdac.org; Email: MilwaukeeAreaDeafAccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours!
Send us a donation of **\$1 for each year of Sobriety-** or more if you choose- and we'll print your birthday in the Between-Us Newsletter.
Include your Home Group, and we'll print that also!

All request must be by the 12th of the previous month.
Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have ____ years on ____ / ____ / ____ .

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



Years	Name	Home Group
33 (Jan 21)	Jim S.	Honest and Able, Koala

Congratulations!

AA Groups Need Your Support

- **Mondays at 7 p.** Group 29, St Catherine Church, 5101 W Center St, Milwaukee WI 53210
- **Tuesday 8:30 a.m.**, Home At Last, 6705 Northway, Greendale, WI (men and women welcome)
- **Wednesday 11 a.m.** Gp10-17, St Veronica's 353 E Norwich, Milwaukee 53207
- **Wednesday 6 p.m.** Women's Big Book, Martin Luther Church, 9235 W Bluemound Rd. Milw. 53226
- **Wednesday 8 p.m.** Menomonee Falls, Gloria Dei Church, W180N7863 Town Hall Rd. 53051
- **Thursday at 12:15 p.m. and Wednesday 5:30 p.m.** St. John's Cathedral Complex, 831 N. Van Buren St. Milwaukee 53202
- **Thursday 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Friday at 7 p.m.**, NCIC Gp 24, NCIC Church 2328 W Capitol Dr, Milwaukee WI 53206
- **Friday at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Friday 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Friday 8 p.m.** Candlelight, St Anskar Episcopal, N48W31340 Hill Rd Hartland WI (Hwy's 16 & 83)
- **Saturday 11 a.m.** Big Book, St. Pius X Church, 2506 Wauwatosa Ave. Wauwatosa WI 53213

A Sponsor Puts It in Writing

My dear Bob:

DELEGATING myself as your sponsor, I want to give you briefly a little advice, that is based upon about five years' experience in AA and total sobriety after thirteen years as an alcoholic.

1. AA is a deep program, requires a lot of meditation and sincere study. It is something that grows on a person and doesn't usually come like a flash of lightning. That is the reason that AA has the slogans *easy does it* and *first things first*.
2. I don't want you to become too enthused and over-confident to begin with because you must remember that your excess drinking did not come on you in two or three weeks; therefore, you cannot expect to find the entire answer in a short time. I want you to study carefully the literature which has been written by alcoholics and the pamphlet I am enclosing on AA tradition. Bob, I want you to study these books religiously and the Big Book which you have.
3. I would not try too much going out carrying the AA message to other alcoholics to begin with, but wait until you have grasped it yourself and AA has taken hold of your life, and then you will have something to carry and give away. You cannot give someone else something unless you have it yourself; therefore, gain your own sobriety first and then you will be able to help others along the way.
4. Groups are not organized in the way that you organize civic clubs. AA groups are born in the lives of one or two individuals and from that little beginning they carry the message to other sick alcoholics and gradually a group is born. Groups that are organized before there is proper foundation or organized inadvisably are not good. AA groups have never been known to fold up that were started with the proper material and spiritual foundation on which to build.

May God bless you, and take it easy; read, and study, and if you have never done a little praying, boy, you will find it helpful. It has often been said that if a man is too big to pray he is too big for AA.

-- V.D.S.

Rich Square, North Carolina

Reprinted w/permission "Monthly Reprive",
Racine WI, December 2018

("Unknown" Continued from page 1)

the Kenosha Alano Club on Dec 24 in 2002, and I asked for help.

There were four guys around playing cards. I was given my first Big Book that day by one of those gentleman and he told me to keep it as long as I read page 112, then read the whole book. That day forward I started reading the book and I realized I could see myself in the pages. My program consists of the

acronym D.R.Y. No-Drinking No-Relapses No-Yet.

The past 15 years really have been my happiest and I would not have what I have today if it weren't for the program of AA. Today I have my sobriety, my sponsor, my guardian angel (my mom) and my program. Keep coming back the program works, if you work it.

Signed Sobriety date 12-24-2002-----
12-24-18 and beyond

Reprinted w/permission "Monthly Reprive",
Racine WI, December 2018

(“Bonus” Continued from page 1)

the meetings, will persevere and apply the slogans with a better clarity; I was attempt to restrain my activities and not become over-fatigued, because that would only reduce my energies, thinking, and health, thereby lowering my resistance, weakening my tolerance. . .and that path leads to frustration which is no asset, because at that point the AA balance is way off the sound track, and why sell myself short?

1953. . .I must have confidence, purpose, and timing; I must continue always to remind myself that this is a program of invaluable investment, of infinite variety, and completely elastic: the more application, the better the harvest. I now know that the disturbances of discord are alien to this new way of life, and that any estrangement

from the harmony of this program can defeat my purpose.

I am very grateful for the year 1952, in which I decided and planned day by day, that this was for me. . .and every person most assuredly must have a base for operations.

Therefore with the help and guidance of God, I will not make haste, but with the little though fruitful knowledge I have absorbed apply myself more diligently to this spiritual program, and attempt more firmly to establish my gains at the foot of the Steps: "And the Son looked up and said to his Father, 'Into Thy Hands I commend my spirit.'"

-- A. W.
Burlington, Vermont

Reprinted w/permission AA Grapevine,
January 1953

From the January 1953 Grapevine magazine.

Well, It's Like This. . .

RECENTLY I was asked by a lady (who knew me "when") just how I stayed "SO SOBER" when I used to get "SO-O-O-O DRUNK"! I told her that it was quite easy. . .just a matter of [exercise](#). She said "But aren't those strenuous exercises hard on the heart?" "Not at all," I replied. "You see, I only move my head." "My goodness, is that all? But how does that keep you sober?" "Well," I said, "that's [easy](#). . .I just shake my head like this (moving my head from side to side) whenever I'm offered a drink!"

-- K. E. R.
Reading, Pennsylvania.

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This I Believe

A CASE HISTORY OF PROGRESS FROM DILEMMA

FROM the beginning of my time in AA, I had been hearing of alcoholism as a [disease](#). For the first several years all this was wasted on me. I suppose at the time I wasn't [ready](#) to handle it. Even my being an alcoholic, as distinguished from just a no-good drunk, was a new one on me. That word "distinguished" has a flattering sound; so I'll leave it in. It was up to AA to help me come to recognize myself as an alcoholic, something which certainly fitted me, so I put it on. My first sight of an alcoholic who was staying sober was in AA. I don't know where else I could have met one. I met people like myself, and their name for themselves fitted me; so I'm it, and I'm in. I became reconciled to the fact and didn't argue against it. But nil the time it was being referred to as a disease. What's that?

I heard and read that the medical profession in large part had begun to accept alcoholism as a disease, an allergy of the body, an obsession of the mind. AA's to whom I listened spoke of having a disease and they seemed to act as if they believed it. Me, I said to myself. "Here's a brand new alibi for getting drunk. I'll have to remember this one. I'll need it some day. I certainly have worn out all the old ones."

My reaction, which was typical, was to label all this talk and pretense of a disease as strictly phoney. These guys are just trying to justify a lot of hell-raising and moral degeneracy by this talk of sickness, etc., I said to myself. I've got to admit that I have broken nearly every law of God and man. So why this quibbling and excuse mak-

ing. These guys are looking for some kind of a moral whitewash. When I say this was typical it sure was. Wasn't I the great theologian and God's very best advocate in more saloons than could be counted?

Later, as I became more sold on the AA program. I decided that if the disease business was good enough for AA I'd go along with it. But I still thought that I had become an alcoholic because I drank too much, too often. It was just a matter of an uncontrollable appetite which had built up through the years. It would happen to anyone and everyone who drank the way I did. It just became part of you like eating, smoking or profanity. If it didn't get too bad, you didn't do anything about it.

Gradually, after I was able to think a little more clearly and had more sober time in which to do it, something more definite began to evolve. One fact became very clear to me; namely, that I had had only one kind of experience with alcohol and that was a violent one. I was twenty three years old at the time I took my first drink. The experience was extremely violent. Enough so that it remains in my mind very vividly after nearly thirty years. A nightmare about a broken leg, screaming for a doctor, completely drunk. During the next twenty five years it was always the same with one difference. . .it got worse.

Something needed answering. What was wrong with me? Wasn't there some real difference between me and other people who drank so happily

(“Believe” Continued on page 11)

MEETING ROOMS

("Believe" Continued from page 10)

and sensibly? It seemed to me that it had to include something physical. Then came a real discovery... the pattern. Never, at any time of my life, had I been able to refuse a drink because I had already had enough. It wasn't only that I hadn't refused drinks when I should, but it would be a dishonest conclusion to say that the reason for not drinking more was because I was satisfied with what I had had. I had been partly right before. I always have had an insatiable appetite for alcohol. I never have quit drinking on any occasion except under protest and pressure. Left to myself, I wanted to continue.

AM I ALLERGIC?

An allergy of the hotly. Well, I don't know anything about allergies. That is something for the medical profession to identify and explain. But if I can put it in my own language and say, "If I take a drink, I want another one." Does that fit? It sure does. How many drinks would I have to take before I wouldn't want another? I don't know. I never found out. Yet I've drunk myself into unconsciousness many times. Drunk during complete blackouts. Who, or what, can demand a drink during a blackout? Another thing... the extremes to which I have gone to get just another drink. Extremes just as fantastic as those to cure a hangover.

Then the *Big Book* came to my assistance as it so often has. I read that the alcoholic couldn't accept as the true answer that he was completely mal-adjusted to life, an escapist from reality, emotionally immature. In part, yes, maybe in large part but there had to be some allowance for a physical problem as well. He had sat down with his friends and family many

times with nothing at stake but to relax and have a little fun. No escapism, morality or shirking of responsibility here. But what happens? He takes a drink and he's off again. Society says that the alcoholic shouldn't drink. True enough. But the alcoholic must come to learn that he can't drink. There's a world of difference between getting drunk and not being able not to get drunk.

WHAT "POWERLESS" MEANS

This explains my case to me. It fits me completely. The physical disease of alcoholism, this allergy of the body, is, in effect, if not in actuality, an irresistible urge to take another drink after I take the first one. An urge against which I am helpless. "Admitted we were powerless over the urge to take another drink."

How strong is this urge? I haven't had a drink now for several years. Wouldn't the things I have learned about myself and alcoholism slow me down to one or two? Wouldn't honest and continuous attempts at inventory help me through this test? I know now that I am definitely alcoholic. I've been working on character defects and amends. I'm certainly a stronger willed person than I was some five years ago. Through prayer and meditation I have tried to build a better and fuller life. I've seen many a horrible example through Twelfth-Step work. I feel much closer to God and have regained, if only a little, personal justification. If I took a drink, what would really happen? The same old [process](#) would. In an alcoholic like me, nothing has been in my life, or can come into it, sufficiently strong to eliminate or control the disease that expresses itself by an uncontrollable urge let loose by that first drink. It's a process. When you

("Process" Continued on page 19)

NEW DAY CLUB
11936 N. Port Washington
Mequon, (262) 241-4673
<http://www.newdayclub.net>

A.A. MEETING SCHEDULE

Sun.	8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic
Mon.	12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 7:00 p. 8:15 p. Men's Gp
Tue.	10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp
Wed.	10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline
Thr.	10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting
Fri.	10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.
Sat.	10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS

Monday	6:30 p. Al-Anon
Tuesday	1:00 p. Al-Anon/ACOA
Thursday	7:00 p. Al-Anon

Contact club for info on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
passitonclub.com

A.A. MEETING SCHEDULE

Sun.	8:00 a. Sun. Wake Up 9:30 a. Reliance Open Disc. 11:00 a. Today's choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open Introductory/AA 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study
Mon.	10:30 a. Pass It On 4:00 p. Happy Hr Promises 5:30 p. Courage to Change 7:00 p. We, Us & Ours 10:30 a. Made Decision 5:15 p. As Bill Sees It 6:00 p. How It Works Disc. 7:00 p. Gateway Topic Gp
Tue.	7:30 a. Honesty Gp 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow
Wed.	8:30 a. Early Bird 10:30 a. Happy Joyous Free 3:00 p. Twelve Promises 3:00 p. How It Works Big
Thu.	7:00 p. Gateway Topic Gp
Fri.	7:00 p. Gateway Topic Gp
Sat.	8:00 p. Spanish Speaking 8:00 p. Back to Basics 12x12

AL-ANON MEETINGS

Sun.	11:00 a. (Alateen)
Wed.	7:00 p. Fri. 7:30 p.
Thr.	7:00 p. Sat. 10:30 a.

LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com

A.A. MEETING SCHEDULE

Sun.	8:00 a. Early Bird 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday
Mon.	9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Stdy
Tue.	1:00 p. 4:00 p. 7:00 p. Life House
Wed.	8:00 a. 10:00 a. Back To Basics 6:00 p. 8:00 p.
Thr.	10:00 a. 4:00 p. 6:00 p. Women's Group 8:00 p. Grapevine Mtng
Fri.	12:30 p. 4:00 p. 6:00 p. Non-smoking 8:00 p. Old School House
Sat.	8:30 a. 11th Step 10:00 a. Big Book 5:30 p. Perfect Time B/B

AL-ANON MEETINGS

Mon.	7:00 p. Al-Anon
Tue.	9:00 p. Al-Anon
Wed.	7:00 p. Al-Anon

OPEN SPEAKER MEETING

Sat.	7:00 p. 2 nd & 4 th Saturdays (AA and/or Al-Anon Speakers)
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WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI
(262) 549-6541

A.A. MEETING SCHEDULE

Sun.	9:30 a. Sun Morn Sunlite 11:00 a. Sun Go-To-Mtng (Open speaker 2nd Sunday & Breakfast) 7:00 p. (Open Step Gp)
Mon.	12:00 Noon 6:00 p. Beginners AA 7:00 p. (12 & 12)
Tue.	12:00 Noon
Wed.	12:00 Noon 5:30 p. Topic Gp
Thr.	12:00 Noon
Fri.	12:00 Noon T.G.I.F. Gp 7:00 Topic Discussion
Sat.	10:00 a. Gp 124 7:00 p. Closed Meeting

OPEN MEETINGS, DANCES & EVENTS
Call for information.

GALANO CLUB
- LGBT & All in Recovery -
7210 W Greenfield Ave
Suite 1, Lower Level
Milwaukee, WI 53214
(414) 276-6936
<http://www.galanoclub.org/>
galanoclub@gmail.com

MEETING SCHEDULE

Sun.	10:30 a. Step Topic
Mon.	7:30 p. Came To Believe
Tue.	6:00 p. 40 + Topic
Wed.	7:00 p. 12 x 12
Thurs.	7:30 p. Living Sober - ODAT
Fri.	7:00 p. Step/Topic
Sat.	7:30 p. Big Book & More

AL-ANON MEETINGS

Sun.	10:30 a. Al-anon
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Meeting Space Available
See website for Club Events.
www.galanoclub.org

NORTHWEST ALANO CLUB*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)

A.A. MEETING SCHEDULE

Sun.	7:00 p.
Mon.	7:00 p. Just Do It Gp 8:00 p. Action Gp
Tue.	10:00 a. Step 8:00 p. Topic
Wed.	8:00 p. Step/Topic
Thr.	10:00 a. Step 6:00 p. Women's
Fri.	8:00 p. Step/Topic
Sat.	10:00 a. Step 7:00 p. Simply Sober Gp

AL-ANON MEETINGS

Wed.	8:00 p. Al-Anon
Fri.	8:00 p. Al-Anon

*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

MEETING ROOMS

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 Noon Open Speakers
6:30 p. Delavan Discussion

Monday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Step Meeting
6:30 p. Former Miss Americas (Women's Step Group)
6:30 p. Delavan Men's Meeting

Tuesday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic

Wednesday AA
7:30 a. Sunny Side Up
12:00 Noon As Bill Sees It Gp.
6:30 p. Delavan IT Meeting

Thursday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
5:30 p. Step Sisters Women
6:30 p. Delavan Big Book Gp.

Friday AA
7:30 a. Sunny Side Up
12:00 Noon Big Book Study
6:30 p. Delavan Discussion

Saturday AA
7:30 a. Sunny Side Up
12:00 Noon Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102
<http://www.alanofoundation.com>

A.A. MEETING SCHEDULE

Sun. 10:00 a. Gp 17 Step
4:30 p. Life Savers

Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Big Book Meeting
6:30 p. Gp 40 Big Book

Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76
7:00 p. Beginners, 1st Step
8:00 p. (Big Book Study)

Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Oasis Topic Gp
6:00 p. Chicks at Six Gp
7:30 p. AA
8:00 p. Gp 3, Step/Topic

Thur. 7:00 a. Big Book Meeting
10:30 a. Gp 97, Step
12:15 p. Here & Now Gp
5:00 p. AA
7:00 p. Sober and Out

Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 65
6:30 p. Here & Now
8:30 p. Gp 30 Tub Topic
12:15 a. Second Shifters (Sat.)

Sat. 11:00 a. Gp 87 Step
3:00 p. Spiritual Growth
7:30 p. Open Speaker
9:00 p. Here and Now
11:30 p. Late Night

AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
<http://howtoclub.info/>
M, W, F, Sat. 9 a. -11 p,
Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. AA Topic Group
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
11:15 p. What's The Point

Tue. 11:00 a. Willingness Group
6:00 p. Tuesday Non-Smoke
7:00 p. Deaf/Hearing Impaired
8:00 p. 12 & 12 AA Meeting

Wed. 10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
11:15 p. After Hours Gp.

Thur. 10:00 a. But For Grace Of God
6:00 p. 6 PM Here and Now
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group
6:00 p. Big Book Group
8:00 p. R.U.S. For Us
11:15 p. Candlelight Promises

Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
6:00 p. 1st & 12 Topic
*8:00 p. HOW To Saturday
*(Open meeting on 3rd Saturday)

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI

A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
10:00 a. Step/Topic
5:00 p. Step

Mon. 6:30 a. Topic
10:00 a. Topic
8:00 p. Men's

Tue. 6:30 a. Topic
10:00 a. Step/Topic
5:30 p. Big Book

Wed. 6:30 a. Topic
10:00 a. Big Book
5:15 p. Women's

Thur. 6:30 a. Topic
10:00 a. Topic
5:30 p. Step/Topic/Trad
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic
10:00 a. Step/12 & 12
5:30 p. Principles
8:00 p. Step

Sat. 6:30 a. Topic
8:30 a. Big Book/Steps
10:00 a. Big Book

8:00 p. Open Speaker Mtng.
(1st Saturday Only)

UNITY CLUB
1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net

AA MEETING SCHEDULE

Sun. 10:30 a.** Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
6:00 p. 1st 164 Big Book
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
8:15 p. Step Gp

Thur. 10:00 a. Big Book
7:00 p. EZ Dozen12x12

Fri. 10:00 a. Step/Topic Gp
8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now
7:00 p. Big Book

AL-ANON & ALATEEN MTNGS

Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon

* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month (10:30 a.m.)

FRIENDSHIP CLUB

2245 W. Fond du Lac
Milwaukee, WI
414. 931.7033

Email: friendshipinc@sbcglobal.net

MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday
Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112 Step

Call for information on other types of meetings.
Email: friendshipinc@sbcglobal.net

MEETING ROOMS

12 STEP CLUB

4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610

A.A. MEETING SCHEDULE

Wed. 11:00 a. Gp. 27

Fri. 11:00 a. Gp. 61
(12X12)

Sat. 10:00 a. Beginner's
7:00 p. Gp 6

CALL THE CLUB FOR INFORMATION ON OPEN A.A. MEETINGS, MEETINGS FOR OTHER FELLOWSHIPS and SPECIAL EVENTS.

Milwaukee Group
933 E Center St,
(River West)
Milwaukee WI 53212

A.A. MEETINGS

Sun. 10:00 a. Open (Disc.)
8:30 p. Big Book

Mon. 5:30 p. Big Book
7:00 p. Open (1st Step)
8:30 p. Topic

Tue. 7:00 p. Open (Topic)
8:30 p. Open (Big Book)

Wed. 7:00 p. Open (Big Book)
8:30 p. Topic

Thur. 6:30 p. Open (Topic)
8:30 p. Step

Fri. 7:00 p. Beginner's
8:30 p. Open (Big Book)

Sat. 8:30 p. Topic

The "Clubs" and "Rooms" listed here are not A.A. Clubs. A.A. DOES NOT HAVE CLUBS! A.A. neither endorses nor opposes such clubs. These are social clubs established by groups or individuals who are themselves recovering alcoholics. The A.A. group meeting at the club is available to any alcoholic - club member or not. The group is separate from the club and pays a fair rent for the use of the club facilities. Even though the group meets in a club that may be composed exclusively of A.A. members, and many members of the group may be club members, too, the relationship of the A.A. group itself to the club should be the same as it would be to a church, hospital, school, etc., in which it might rent space for its meetings.

Greater Milwaukee Central Office

7429 W Greenfield
West Allis WI 53214,
414-771-9119

aamilwaukee.com

A.A. MEETINGS

Mon. 12:15 p
4:00 p

Tue. 2:15 p
4:00 p

Wed. 12:15 p
4:00 p

Thur. 12:15 p
4:00 p

Fri. 12:15 p
4:00 p

Sat. 9:15 a. - Newcomer
10:30 a

We do not meet on major holidays.

LIGHTHOUSE ON DEWEY

1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday
6:00 p. Jim's First Step
7:30 p. Gp 78

Tuesday
6:00 p. 11th Step
Meditation Practice
7:30 p. Professionals

Wednesday
7:30 p. Big Book
8:00 p. "RES-IPSA"

Thursday
7:30 p. Alumni No 12

Friday
7:15 p. Gp 74

Saturday
10:00 a. Gp 59
7:00 p. Big Book Top-ic

Directory Changes

NEW MEETINGS

Sunday at 9:30 a.m., Hitting the Books, Lake Area Club, N60W35878 Lake Dr. Oconomowoc.

Sunday 6 p.m. 11th Step Prayer/Meditation, Rooted In Mindfulness Center, 4040 N Calhoun Rd Brookfield WI

Mondays 7:30 p.m. First Unitarian Society, 1342 N Astor St. Milwaukee, "We Agnostics".

Tuesdays at 6pm, Dry Hootch, 4801 W National Ave Milwaukee WI 53214

Wednesday at 7:00 p.m. Immanuel Church of Christ, 501 Walnut St., West Bend WI 53095

Wednesday at 7:30 p.m. New Leaf Sober Living, 6401 W Oconto Place, West Allis WI 53219

Thursday 6:30 p.m., Aurora Hospital, 975 Port Washington Rd., Grafton WI 53024

Friday at 7:00 p.m., Brentwood Church of Christ, 6425 N 60 St Milwaukee. WI 53223

Friday at 7:00 p.m. NCIC Church, 2328 W Capitol Dr, Milwaukee WI. (open speaker on 2nd Fridays)

Saturday 7:30 p.m. 7210 W Greenfield Ave, West Allis 53214

DISBANDED GROUPS

HOW It Works, Monday 7pm, met at Oak Creek Centennial Church, 8853 S Howell Ave, Oak Creek.

Candlelight Grat. HOW To Club Sat. 10:30 pm

OTHER CHANGES

11th Step Candlelight, previously at "Hummingbird Center" **NOW meets at Lutheran Church of Great Spirit, 3127 S Howell Ave, Mondays at 6:30 p.**

Shorewood Gp at Kingo Church 8 pm Tuesdays **MOVED** to Christ Church, 5655 N Lake Dr Whitefish Bay still Tue at 8 pm.

Impaired Professionals Tuesday 7:30 p. formerly at Roger's West Allis, **NOW meets at Holy Trinity, 11709 W Cleveland Ave, West Allis Tues. at 7:30 p.**

Tues Meeting for Deaf and Hard of Hearing, moved to HOW To Club 8930 W National Ave, and now starts at 7:00 p.m.

Tues Night Hales Corners Step/Topic, 12300 W Janesville Rd, Hales Corners...previously at 7pm. **NOW starts at 6:30 pm.**

Tuesdays, Elizabeth Ann Seton, 12700 W Howard Ave, New Berlin, formerly at 8:00 p.m. **NOW starts at 7:00 p.m.**

Gp 23, used to meet at 8pm. NOW meets at 7:30 pm. Wednesday at 74th and Lapham. West Allis.

Badger Gp. used to meet at 8pm. **NOW meets at 7:30 p.m. Thursdays in Brookfield.**

OPEN SPEAKER

Weekly & monthly speaker meetings listed in October 2018 When & Where

aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milwaukee WI, 53212

Sundays at 6:30 p. VA Hospital 5000 W National Ave 3rd Floor Unit 3A

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield

1st Tuesdays at 7:30 p. First Congregational Church, 1111 N Chicago Ave South Milwaukee

Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville.

1st Saturday at 7:00 p. Dist. 12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist. 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday at 11:00 a. Friendship Club 2245 W. Fond du Lac Ave. Milwaukee, WI

3rd Saturday 8:00 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd, Mequon,

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

4th Friday 8:00 p. Imago Dei Church, 2327 N. 52nd St., Milwaukee 53210

Last Wednesday 7:30 p. Gp 23 First Lutheran Church, 7400 W Lapham St, West Allis

Tuesday's at 7:00 p. March 29th, May 31st, Aug. 30th, and Nov. 29th, Christ the Servant Lutheran Church, 2016 Center Road, Waukesha WI 53189

Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee.

Contact the Central Office via email: gmco@aamilwaukee.com, with changes.

ASL Interpreter Available: Meeting for Deaf and Hard of Hearing, Tuesdays 7:00 P.M., H.O.W To Club, 8930 W National Ave. West Allis WI 53227

SERVICE MANUAL STUDY
Meets 2nd Thursday each at 6:00 p.m.
Milwaukee Central Office
7429 W Greenfield Ave
West Allis
Find out more about this service Manual available to any AA member, especially active members, or not.
Call Jerry H at 414-801-1111 with questions.
**Will not meet in January.
February or March 2019. Also,
May will meet on 3rd Thursday**

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8:00 p.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Wauwatertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

2019 Weekend Retreats Jesuit Retreat House, 4800 Fahrwald Rd. Oshkosh, WI 54901, call 800-962-7330 jesuitretreathouse.org

Men and Women members of AA, Al-Anon
Total cost: 4 days \$390.00. Send a \$50.00 deposit with requests for specific dates to retreat house or call for info.
Men: May 2-5, Dec. 5-8, 2019
Women: May 9-12, Aug. 22-25, Nov. 14-17, Nov. 21-24, 2019

Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for reservations. AA and Al-Anon, \$250 three nights. **May 17-19 2019.** We discuss the 12 steps and related topics.

MILW. CENTRAL OFFICE

- **E-mail us at:** gmco@aamilwaukee.com
- **Hours: M, W, Th, Fr** 9 a.m. to 5 p.m. **Tuesday** 9 a.m. to 6 p.m., (until 7:30 p. on 2nd Tues. each month) **Sat.** 9 a.m. - 1p.m.
- **G.S.R. Orientation, 2nd** Tuesday 6:30 p., call first.
- **Secretary Meeting, 2nd** Tuesday 7:00 p.
- **Board of Directors Meeting,** Wed. following Secretaries Meeting, (odd numbered months) 6:30 p.
- **A. A. Meetings,** Mon - Fri at 12:15 p. & 4:00 p., Sat. 9:15 a., & 10:30 a.
- **Service Manual Study:** 2nd Thurs. of month at 6 p.m.
- **Dist. 14,** 4th Wed. at 7 p.m.
- **Dist. 16,** 1st Wed. at 7 p.m.
- www.aamilwaukee.com

Save the Date
October 18th-20th 2019

East Central Regional
& Area 75
2019 Conference

Crowne Plaza
Milwaukee
Airport
6401 S 13th
Street



Any questions or concerns
feel free to contact
Nancy H. 414-801-5184
naneh268@gmail.com

**Monthly Central Office/
Intergroup Meeting!**

Milwaukee Central Office
7429 W Greenfield Ave
West Allis, WI 53214

**Second Tuesday of Every
month, at 7:00 P.M. ALL
group Secretaries are en-
couraged to attend.**

There is a **New GSR orien-
tation, at 6:30 P.M.**, call
to give us a "heads up" if
you are a new GSR, and
want to attend the orienta-
tion. 414-771-9119.



"BETWEEN-US"

To share, to strengthen, to deepen the Fellowship experience
published monthly by Greater Milwaukee Central Office, Inc., 7429 W. Greenfield Avenue, West Allis, WI 53214 (414)771-9119

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Milwaukee Central Office, 7429 W. Greenfield Ave., West Allis, WI 53214

Group Name	ID #	Amount	Group Name	ID #	Amount
#051 Sicker Than Most	114317	50.00	Pewaukee Mon Night	114365	42.00
#063 Gp	119704	100.00	Reliance Meeting Open Discussion	653964	60.00
#067 Elm Grove	126794	60.00	Sat Morning Big Book	136286	50.00
#155 (Eagle)	174478	60.00	Sat Night Live/Occonomowoc	121171	50.00
11th Step Open AA Meeting	WAK-A6	60.00	Seeds of Recovery/Steps	MIL-MM	27.50
12 Step Couples In Recovery	MIL-FA	100.00	Serenity Gp Hartland	WAK-R1	200.00
Alpha Tue	114430	70.00	Serenity Gp Two Rivers	177939	50.00
Badger Gp	114429	1,224.00	Service Manual Study		33.00
Belgium Twelve Steppers	666411	50.00	Sun Morn Gp 11 AM	140867	50.00
Butler Sun Night	114272	60.00	Sun Morning Big Book, Meno Falls	130926	50.00
Courage To Change	MIL-WID	60.00	Sun Morning Wake Up	617656	60.00
Cross Roads Gp	119518	25.00	Terrific Tue Big Book	166339	150.00
Early Bird Rogers Memorial	624742	51.00	Thank God It's Mon	720790	50.00
First Step	633840	60.00	The Meeting Place Gp	722552	120.00
Fri Night North Shore	137982	99.00	The Promises Gp Ft Atkinson	163668	50.00
Fri Noon 12 & 12	MIL-FB	106.52	Thinking Outside the Bottle	719338	37.14
Get A Life	MIL-WM	26.05	Thr Success Step	MIL-FB	84.26
Grapevine Topic Fri	MIL-WM	23.30	Today's Choices Gp	614204	120.00
Happy Hour Promises, Pass It On	MIL-W6	60.00	Traditions 101	MIL-TM	82.42
Happy Hour Step, Pass It On	653369	60.00	Tue Morning Gp 10 AM	138530	30.00
Hartford Wed Night Step/Topic	140516	25.00	Tue Morning Sunshine	114357	50.00
Hartford Women's Big Book	687036	50.00	Tue Night Hales Corners Step/Topic	690183	100.00
Into the Boobis	WAK-W3	75.00	Tue Night Mukwonago	126398	100.00
It Works If You Work It, Aurora	723327	78.00	Tue Reflections	94.15	62.91
Keep Passing It On, Pass It On	630882	60.00	Twelve Promises Discussion	MIL-FH	92.91
Lake Geneva Kitchen Table	126465	25.00	We Are Not Saints	MIL-RM	20.00
Living Sober Wed Night	673826	60.00	Wed Afternoon Happy Hour	702497	40.00
May/air Ladies Mon & Fri	114336	108.00	Wed Night Take a Step/Topic	643772	40.00
Memomree Falls Wed Night	114273	50.00	Wed Night Women's Lifeline Gp	114450	10.00
Mon Independence	MIL-MH	90.60	Wed Noon Lunch Bunch	134047	30.90
Mon Miracles	704244	50.00	Written For Us	690831	90.20
Oak Creek Mon 12 & 12	130190	73.00		717556	40.00
			TOTAL	5,178.95	

All the groups listed in your When and Where should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

few hours it took my mother to die would have been some kind of control. I didn't have even that much.

HOW THINKING CAN LEAD TO DRINKING

Yes, I was obsessed by alcohol. Again, if I can put it in my own words, I can understand it better: "If I get a drink on my mind long enough and hard enough. I always take the drink." That's my mental disease of alcoholism. That's my mental obsession. Again it fits.

I know what it is like to have a drink on my mind to the point of utter distraction. People have said to me, "After what you have been through, I don't see how you can even think about a drink." If I had bothered to answer them, I would have had to say, "Hell, I can't think about anything else."

THIS I BELIEVE

For the physical disease of alcoholism. . .no cure. For the mental disease of alcoholism, my faith tells me that a Higher Power continues to relieve me of this obsession as long as, and only as long as 'I pray for knowledge of His Will I for me and the power to carry it out.' How else to explain the many things you hear from so many in AA. . . "I never think about the stuff any more.," "A drink doesn't bother me any more.," "I haven't wanted a drink since I came into AA?" The very thing that makes an alcoholic so completely hopeless, this obsession for a drink. Faith has the only answer for me. It must be done for us or else we are lost. And it happens. For this, I owe a lifetime of gratitude to God.

-- H. D. B.
Ann Arbor, Michigan

Reprinted w/permission "Monthly Reprieve",
Racine WI, December 2018

("Process" Continued from page 11)

combine certain chemicals together in certain proportions, nothing can stop the process. Me, plus alcohol, equals another drink.

That leaves the mental side of alcoholism. . .the mental disease, the obsession of the mind. A very delicate subject. I had lost all pride. All pride that is except pride in that mind of mine. I was a smart guy. Even if I was headed for dying a drunk (and fear of dying a drunk is the primary reason for my being in AA) I would live and die a very smart and intelligent drunk, so I thought. Now they are hinting about obsessions. Not me, no sir! I'm no stumble bum. I'm a college man with a few bucks in my pocket yet.

But, we admitted that our lives had become unmanageable. That also fitted me and I had to put it on. It fitted so well that I had to admit that I had come to a point in life where I had lost all power of decision. I couldn't do anything to help myself. All resolutions, promises and decisions were profitless. I couldn't carry them out or even begin to. I had got beyond even the trying stage and nobody line, isn't it? Nothing left but unconscious self destruction with alcohol. At least, I hadn't contemplated suicide yet. But I was living a suicidal way of life.

Again the pattern helped. In the beginning, if I drank it was violently. But I didn't have to drink. I could, and did, stay sober to work, to play or to do anything else that I wanted to be sober to do. Gradually, however, I began having trouble fitting my drinking into my life. At the end, I had trouble fitting my life into my drinking. I had lost, completely, all choice of when, where, or for how long I would drink. Staying sober the

Please save these dates!

'Back to the Forties' Workshop



~An AA History Lesson~

Sponsored by District 29 & the

Women's Friday Night

Kick-Off Group

Saturday, March 23, 9AM to 4 PM

Sunday, March 24, 1PM to 4PM

Pass It On Club

6229 W. Forest Home Avenue

Milwaukee, Wisconsin 53220



Come and learn how early AA succinctly worked the steps at a time when interest in the program was growing rapidly. Experience the history during that crucial time in our fellowship.

Registration will be required-No Walk Ins

Detailed info and registration coming soon!

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

Identification Is

'The Essence of Our Common Bond'

"'My name is Rosemary P., and I am an alcoholic.' That's a simple introduction. And powerful! It tells you who and what I am, instantly. "It immediately connects me to you if you, too, are an alcoholic."

Speaking at the June 1989 Northeast Regional Forum in Portland, Maine, Rosemary called identification "the very essence of our common bond" and expressed concern that "the way we traditionally introduce ourselves at meetings has changed so much, the word 'alcoholic' often is omitted entirely."

The delegate (Panel 39) for Central New York pointed to a new crop of introductions heard around A.A.-from "I'm cross-addicted" and "I'm chemically dependent" to "I'm a recovering person." She said that she is "always tempted to respond, 'you're a cross-addicted what?' "You're a chemically dependent what?' And 'Whom or what are you recovering from?' "Her frustration mounts, she added "because I need to know that you're at the meeting for the same reason that I'm there - for ongoing recovery from the disease of alcoholism."

Rosemary further believes that the breakdown in the way we identify ourselves "puts a serious strain on our unity and singleness of purpose. When I say at an A.A. function that 'I'm a drug addict and an alcoholic' or 'I'm a cross-addicted alcoholic,' I am telling you that I'm

a special kind of alky - my case of alcoholism is different from yours! I add an extra dimension to my disease - one that, because of our singleness of purpose, should not be addressed at an A.A. meeting. I have just cut our common bond in half and, more importantly, I have diluted my own purpose for being there."

In her area, Rosemary noted, "it was thought that after a person was around A.A. for a while, all other descriptive words would fall away and we would hear, 'I am an alcoholic.' But this has not happened. We see people sober in A.A. for two, three, four years and more-still clinging to the treatment jargon they were first taught. They have not made the transition."

What we need to do, Rosemary suggests, is to separate our issues and take them separately to the programs designed to address them: Narcotics Anonymous for drug addiction; Overeaters Anonymous for addiction for food, and so on. When participating in these various meetings, she feels, "we should identify ourselves accordingly."

It has been suggested, she said, "that we approach treatment facilities and, in the spirit of cooperation and concern for the newcomer, ask that they instruct their patients on how to separate their addictions rather than group them together under the label of 'addictive person-

("Bond" Continued on page 23)



Fifth Annual "Crooked Retreat"
Women's AA & Al-Anon



Spirituality of Imperfection
January 25 – 27, 2019

Retreat is Friday evening thru Sunday noon

The Redemptorist Retreat Center
1800 N Timber Trail Lane Oconomowoc, WI.

Join us for Contemplation, Fellowship, and Fun

Registration Fee: \$200

(Includes two nights lodging in a single room, six meals, coffee service 24/7)

Partial Scholarships available

For Retreat & Scholarship Information: Contact

Ann S. at: crookedandjoyous@yahoo.com

*A non-refundable deposit of \$75 must be received by January 11, 2019
\$125 balance is due by Friday night at the retreat.*



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\$25 PER PERSON (APRIL 3, LAST DAY FOR TICKETS)

MENU: BUFFET SERVICE
Vegetarian entrée available

("Bond" Continued from page 22)

alities' - using the catchall phrase we hear so often, that 'a drug is a drug.' "

The idea of seeking outside cooperation is all very well, Rosemary observed, "but I wonder if the real answer doesn't lie squarely within our own Fellowship. Isn't it the responsibility of each of us to keep our program intact, to pass it on to the newcomer as it was given to us? Importantly, can we do this with patient explanation, tolerance toward differences - and more patient explanation? I believe we can, through committed sponsorship, strong home groups and active service. That way our new members will learn how to be a part of A.A., not a fragment of it."

Most of us, Rosemary concluded, "have heard it said that if A.A. is ever destroyed, it will be destroyed from within. In my opinion, apathy, cloaked often in the guise of 'live and let live,' is one of our greatest enemies. But the destructive force is not those members who introduce themselves as 'cross addicted alcoholics' - it is the attitude of those members who sit back and say, 'So what!' "

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